

Medical genetics

***MDR1* C3435T polymorphism associated with the development of clinical features in Behçet's disease in Iranian Azeri Turkish patients**

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Abstract

Background Behçet's disease (BD) is a systemic vasculitis of unknown cause with a higher prevalence along the ancient Silk Road. Behçet's occasional familial aggregation and its close association with genes of major histocompatibility complexes justify that genetic factors play an important role in the development of the disease. In this study, we evaluated the association of multidrug resistance (*MDR1*) C3435T polymorphism with the severity of BD.

Method We investigated the distribution of *MDR1* C3435T polymorphism in 69 patients from the Iranian Azeri Turks group with BD and 92 ethnically sex-matched healthy controls, via the polymerase chain reaction–restriction fragment length polymorphism technique.

Result Although there was no significant association of *MDR1* C3435T polymorphism between two groups of patients and healthy controls, our data showed a substantial association of CC genotype with the development of several clinical features, including erythema nodosum ($P = 0.001$, OR = 2.686, 95%), pseudofolliculitis ($P = 0.002$, OR = 2.812, 95%), and skin lesions ($P = 0.040$, OR = 1.934, 95%).

Conclusion These results suggest that CC genotype is a risk factor for the development of some clinical features of BD in patients from the Iranian Azeri Turk ethnic group.

Introduction

Behçet's disease (BD) is a systemic vasculitis.^{1–3} It is an autoinflammatory disease of unknown cause. In this disease, the immune system of the human body increases the inflammatory response.⁴ Patients with BD may manifest all or only some of the following clinical features: oral and/or genital ulcers, skin lesions such as erythema nodosum, uveitis, and/or arthritis. This disease can also involve the central nervous system and gastrointestinal tract.^{5,6} Distribution of BD along the old Silk Road (Mediterranean, Middle East, and Asia, including countries such as Turkey, China, Japan, and Iran), as well as its familial aggregation and the strong association of the HLA-B51 gene with this disease strongly support the contribution of genetic factors to the pathogenesis of BD.^{4,7,8} Furthermore, environmental factors and extrinsic triggering factors such as bacterial and viral infections are also suggested to be important in the pathogenesis of BD.⁹ *MDR1* encodes P-glycoprotein (P-gp), which is a 170 kDa member of the adenosine triphosphate binding cassette superfamily of membrane transporters.¹⁰ Although this protein was first identified in cancer cells as

responsible for resistance to many drugs, observation of its expression in normal tissues suggests its possible role in regulating the access of toxic compounds to cells.¹¹

Up to now, several mutations were found in the *MDR1* gene, and in recent studies, more than 20 different exonic and intronic single nucleotide polymorphisms (SNPs) have been identified, some of which may change the amino acid sequence of the gene's protein. Among these SNPs, more attention has been focused on the C3435T polymorphism in exon 26, and in spite of the fact, it was a silent polymorphism, this SNP alters the expression and function of P-gp. Subjects homozygous for the T allele have twofold lower P-gp expression than subjects with CC genotype.^{12–14} Latest studies exposed a substantial difference between an African and Chinese population in C allele frequencies, as the mutant T allele has rather higher frequencies in Chinese Han populations than African populations. Several studies have shown that the frequency of T and C alleles in different populations is different.^{15–17} The results of some studies support the role of *MDR1* as a candidate gene for ulcerative colitis.^{18,19} In this study, we investigated the possible association of the *MDR1* gene with BD in our population. The positive association

of several different genes, including *HLA-B51*,²⁰ *MEFV*,²¹ and *TNF- α* ²² with BD in previous studies has been shown.

Materials and Methods

In this study, we investigated 69 Iranian Azeri Turkish patients with BD who had no symptoms or family history of familial Mediterranean fever (FMF). All patients were diagnosed according to the diagnostic criteria proposed by the international study group for BD⁶ and referred to the Molecular-Medical Genetic Center of Tabriz. All patients were of Azeri Turkish origin between the ages of 17 and 50 years. In addition, 92 unrelated ethnically matched healthy controls without BD and other inflammatory diseases were studied.

Written consent was obtained from each participant after an explanation of the purpose of the study. Genomic DNA was extracted from peripheral blood leukocytes according to standard protocols.²³ Each sample was tested for the C3435T polymorphism in the *MDR1* gene by a polymerase chain reaction (PCR)–restriction fragment length polymorphism assay.

PCR amplified the 248 bp region of the *MDR1* gene, including the C3435T polymorphism site, using the forward 5'-TGCTGGTCCTGAAGTTGATCTGTGAAC-3' and reverse 5'-ACATTAGGCAGTGACTCGATGAAGGCA-3' primer pair. The PCR reaction was subjected for initial denaturation at 94 °C for five minutes, followed by 35 cycles (30 s at 94 °C for denaturation, 30 s at 58 °C for annealing, and 30 s at 72 °C for extension). At the end of the 35 cycles at 72 °C for five minutes, final extension was applied. The PCR products were digested by restriction enzyme *Mbol* at 37 °C for overnight. The fragments of digested PCR were separated in an 8% polyacrylamide gel electrophoresis and visualized by ethidium bromide staining.

The chi-squared test or Fisher's exact test were used for comparison of alleles and genotype frequencies between patients and healthy controls. Alleles and genotype frequencies were also compared between patients with/without clinical features. $P \leq 0.05$ was regarded as statistically significant. The odds ratios (OR) and 95% confidence intervals (CI) were calculated for all data. A chi-squared test of goodness-of-fit was applied to test for Hardy–Weinberg equilibrium.

Results

We analyzed allelic and genotypic frequencies of *MDR1* C3435T polymorphism in 69 patients with BD with/without particular symptoms and 92 unrelated ethnically matched healthy controls. Of these 69 referred patients, 44 were men and 25 were women (male-to-female ratio was estimated as 1.76). The age range of patients was 17–50 years (mean age 33.88 years). Mean age of men was 34 and women was 33.42.

Table 1 Genotype and allele distribution of *MDR1* C3435T polymorphism between patients and controls

Genotypes and alleles	Patient group <i>n</i> = 69 100%	Control group <i>n</i> = 92 100%	<i>P</i> value	OR (95% CI)
TC	32 (46.37)	49 (53.26)	0.386	0.75 (0.40–1.41)
TT	24 (34.78)	25 (27.17)	0.298	1.42 (0.72–2.80)
CC	13 (18.84)	18 (19.56)	0.920	0.95 (0.43–2.11)
C	58 (42.07)	85 (46.19)	0.458	0.84 (0.54–1.31)
T	80 (57.97)	99 (53.80)	0.458	1.18 (0.75–1.84)

OR, odds ratio.

Comparison of the allele and genotype distributions of *MDR1* C3435T polymorphisms showed no significant difference between patients with BD and healthy controls in this cohort (Table 1). The frequencies of the *MDR1* T/T, T/C, and C/C genotypes were 0.347, 0.463, and 0.188 in patients with BD, and 0.271, 0.532, and 0.195 in healthy controls, respectively. The allele frequencies of *MDR1* 3435C were 0.420 and 0.461 in patients with BD and healthy controls, respectively. To study the possible association between *MDR1* C3435T genotypes and clinical features, genotype frequencies in patients with/without specific clinical features were compared (Table 2). Based on these data, it seems that the CC genotype could be a risk factor in the pathogenesis of some clinical manifestations, including skin lesions (CC, $P = 0.040$; TT, $P = 0.005$), pseudofolliculitis (CC, $P = 0.002$; TT, $P = 0.008$), erythema nodosum (CC, $P = 0.001$; TT, $P = 0.000$), and the positive pathergy test (CC, $P = 0.011$; TT, $P = 0.000$). Significant difference was also observed in the allelic frequencies between patients with/without skin lesions ($P = 0.031$), pseudofolliculitis ($P = 0.018$), erythema nodosum ($P = 0.002$), arthritis ($P = 0.010$), neurological symptoms ($P = 0.001$), and positive pathergy test ($P = 0.002$). This shows that the C allele could be acting as a risk factor for developing the above-mentioned clinical features. A comparison between controls and patients with/without specific features regarding *MDR1* genotypes and alleles was performed separately; there was a significant difference in genotype distribution and allelic frequency among some groups (Table 3).

Discussion

Behçet's disease is a systemic vasculitis and inflammatory disease, and the etiology remains to be discovered.^{21,22} Genetic and environmental risk factors appear to trigger BD. Interestingly, in recent years, the possible association between BD and some gene mutations, including FMF gene (*MEFV*), autoinflammatory gene mutations^{4,8,24–29}

Table 2 Genotype and allele distribution of *MDR1* C3435T polymorphism between patients with Behçet's disease with/without specific features

Features		CC	CT	TT	C	T
Oral ulcer (n = 53)	With	12 (0.2307)	26 (0.5)	14 (0.2692)	50 (0.4807)	54 (0.5192)
	Without	0 (0)	1 (1)	0 (0)	1 (0.5)	1 (0.5)
	P value				0.440	0.448
Genital ulcer (n = 53)	With	11 (0.3142)	14 (0.4)	10 (0.2857)	36 (0.5142)	34 (0.4857)
	Without	1 (0.0555)	13 (0.7222)	4 (0.2222)	15 (0.4166)	21 (0.5833)
	P value	0.000*	0.000*	0.156	0.166	0.166
Skin lesion (n = 51)	With	7 (0.2692)	14 (0.5384)	5 (0.192)	28 (0.5384)	24 (0.4615)
	Without	4 (0.16)	12 (0.48)	9 (0.36)	20 (0.4)	30 (0.6)
	P value	0.040*	0.409	0.005*	0.050*	0.50*
Pseudofolliculitis (n = 48)	With	5 (0.294)	9 (0.529)	3 (0.176)	19 (0.5588)	15 (0.4411)
	Without	4 (0.129)	17 (0.548)	10 (0.322)	25 (0.4032)	37 (0.5967)
	P value	0.002*	0.788	0.008*	0.028*	0.028*
Erythema nodosum (n = 51)	With	4 (0.363)	6 (0.545)	1 (0.090)	14 (0.6363)	8 (0.3636)
	Without	7 (0.175)	20 (0.5)	12 (0.3)	34 (0.4358)	44 (0.5641)
	P value	0.001*	0.524	0.000*	0.004*	0.004*
Ocular involvement (n = 52)	With	6 (0.176)	17 (0.5)	11 (0.323)	29 (0.4264)	39 (0.5735)
	Without	6 (0.3333)	9 (0.5)	3 (0.1666)	21 (0.5833)	15 (0.4166)
	P value	0.011*	1	0.004*	0.026*	0.026*
Anterior uveitis (n = 33)	With	2 (0.095)	12 (0.571)	7 (0.3333)	16 (0.3809)	26 (0.6190)
	Without	3 (0.25)	5 (0.4166)	4 (0.3333)	11 (0.4583)	13 (0.5416)
	P value	0.002*	0.010*	0.520	0.267	0.267
Posterior uveitis (n = 33)	With	5 (0.192)	15 (0.576)	6 (0.230)	25 (0.4807)	27 (0.5192)
	Without	0 (0)	2 (0.285)	5 (0.714)	2 (0.1428)	12 (0.8571)
	P value		0.000*	0.000*	0.000*	0.000*
Arthritis (n = 53)	With	1 (0.25)	3 (0.75)	0 (0)	5 (0.625)	3 (0.375)
	Without	11 (0.224)	24 (0.489)	14 (0.285)	46 (0.4693)	52 (0.5306)
	P value	0.394	0.000*		0.010*	0.013*
Epididymitis (n = 52)	With	0 (0)	1 (0.5)	1 (0.5)	1 (0.25)	3 (0.75)
	Without	10 (0.2)	26 (0.52)	14 (0.28)	46 (0.46)	54 (0.54)
	P value		0.444	0.001*	0.001*	0.001*
Gastrointestinal involvement (n = 51)	With	1 (0.5)	0 (0)	1 (0.5)	2 (0.5)	2 (0.5)
	Without	10 (0.204)	26 (0.530)	13 (0.265)	46 (0.4693)	52 (0.5306)
	P value	0.000*		0.001*	0.385	0.289
Neurological involvement (n = 48)	With	2 (0.6666)	0 (0)	1 (0.3333)	4 (0.6666)	2 (0.3333)
	Without	8 (0.1777)	25 (0.5555)	12 (0.2666)	41 (0.4555)	49 (0.5444)
	P value	0.000*		0.140	0.001*	0.001*
Positive pathology test (n = 39)	With	6 (0.260)	15 (0.652)	2 (0.086)	27 (0.5869)	19 (0.4130)
	Without	2 (0.125)	8 (0.5)	6 (0.375)	12 (0.375)	20 (0.625)
	P value	0.011*	0.030*	0.000*	0.003*	0.003*
C-reactive protein (n = 29)	With	0 (0)	11 (0.6111)	7 (0.3888)	11 (0.3055)	25 (0.6944)
	Without	5 (0.454)	6 (0.545)	0 (0)	16 (0.7272)	6 (0.2727)
	P value		0.344		0.000*	0.000*
HLA-B51 (n = 21)	With	4 (0.2)	12 (0.6)	4 (0.2)	20 (0.5)	20 (0.5)
	Without	0 (0)	0 (0)	1 (1)	0 (0)	2 (1)
	P value					

*Significant *P* value.

has been investigated. In addition, HLA-B51 and other gene(s) located near HLA-B51 are found commonly in patients from the Old Silk Route.^{20,30}

The *MDR1* gene encodes P-gp, an ATP-dependent efflux pump that transports inflammatory material and xenobiotic toxins from the intracellular to the extracellular region. The correlation of *MDR1* polymorphisms and their haplotypes with several different diseases, including

cancer, inflammatory bowel disease, Parkinson's disease, and FMF are shown.³¹⁻³⁵

The present study addresses the distribution of alleles and genotypes of *MDR1* gene C3435T polymorphism and their associations with BD in patients from Azeri Turks living in northwestern Iran. This ethnic group, constituting 25% of the Iranian population, is ethnically identical to Azeri and closely related to Turks. The C3435T silent poly-

Table 3 Genotype and allele distribution of *MDR1* C3435T polymorphism between controls and patients with/without features

Feature		CC	TC	TT	C	CC	
Erythema nodosum (n = 51)	With	4 (0.363)	6 (0.545)	1 (0.090)	14 (0.6363)	8 (0.3636)	
	Controls	18 (0.1956)	49 (0.5326)	25 (0.2717)	85 (0.4619)	99 (0.5380)	
	P value	0.003*	0.860	0.001*	0.008*	0.007*	
	OR	2.344	1.051	0.265	2.038	0.491	
	Without	7 (0.175)	20 (0.51)	12 (0.3)	34 (0.4358)	44 (0.5641)	
	Controls	18 (0.1956)	49 (0.5326)	25 (0.2717)	85 (0.4619)	99 (0.5380)	
Posterior uveitis (n = 33)	With	5 (0.192)	15 (0.576)	6 (0.230)	25 (0.4807)	27 (0.5192)	
	Controls	18 (0.1956)	49 (0.5326)	25 (0.2717)	85 (0.4619)	99 (0.5380)	
	P value	0.517	0.537	0.496	0.349	0.428	
	OR	0.977	1.192	0.801	1.078	0.927	
	Without	0 (0)	2 (0.285)	5 (0.714)	2 (0.1428)	12 (0.8571)	
	Controls	18 (0.1956)	49 (0.5326)	25 (0.2717)	85 (0.4619)	99 (0.5380)	
Arthritis (n = 53)	With	1 (0.25)	3 (0.75)	0 (0)	5 (0.625)	3 (0.375)	
	Controls	18 (0.1956)	49 (0.5326)	25 (0.2717)	85 (0.4619)	99 (0.5380)	
	P value	0.221	0.001*	0.000	0.013*	0.010*	
	OR	1.371	2.633	0.000	1.942	0.515	
	Without	11 (0.224)	24 (0.489)	14 (0.285)	46 (0.4693)	52 (0.5306)	
	Controls	18 (0.1956)	49 (0.5326)	25 (0.2717)	85 (0.4619)	99 (0.5380)	
Epididymitis (n = 52)	With	0 (0)	1 (0.5)	1 (0.5)	1 (0.25)	3 (0.75)	
	Controls	18 (0.1956)	49 (0.5326)	25 (0.2717)	85 (0.4619)	99 (0.5380)	
	P value	0.000	0.000	0.001*	0.001*	0.001*	
	OR	0.000	0.000	2.681	0.388	2.576	
	Without	10 (0.2)	26 (0.52)	14 (0.28)	46 (0.46)	54 (0.54)	
	Controls	18 (0.1956)	49 (0.5326)	25 (0.2717)	85 (0.4619)	99 (0.5380)	
Neurological involvement (n = 48)	With	2 (0.6666)	0 (0)	1 (0.3333)	4 (0.6666)	2 (0.3333)	
	Controls	18 (0.1956)	49 (0.5326)	25 (0.2717)	85 (0.4619)	99 (0.5380)	
	P value	0.000*	0.000	0.159	0.002*	0.002*	
	OR	8.222	0.000	1.340	2.329	0.429	
	Without	8 (0.1777)	25 (0.5555)	12 (0.2666)	41 (0.4555)	49 (0.5444)	
	Controls	18 (0.1956)	49 (0.5326)	25 (0.2717)	85 (0.4619)	99 (0.5380)	
C-reactive protein (n = 29)	With	0 (0)	11 (0.6111)	7 (0.3888)	11 (0.3055)	25 (0.6944)	
	Controls	18 (0.1956)	49 (0.5326)	25 (0.2717)	85 (0.4619)	99 (0.5380)	
	P value	0.000	0.262	0.078	0.011*	0.009*	
	OR	0.000	1.379	1.705	0.512	1.951	
	Without	5 (0.454)	6 (0.545)	0 (0)	16 (0.7272)	6 (0.2727)	
	Controls	18 (0.1956)	49 (0.5326)	25 (0.2717)	85 (0.4619)	99 (0.5380)	
		P value	0.000*	0.800	0.000	0.000*	0.000*
		OR	3.420	1.051	0.000	3.105	0.322

OR, odds ratio.

morphism of *MDR1* was associated with altered P-gp expression and function. In some previous studies, association between *MDR1* C3435T polymorphisms and BD has been reported. However, consistent with other results reported in the Turkish population,³⁶ our results show no association between genotypic and allelic frequencies of the

MDR1 C3435T polymorphisms in patients with BD and the healthy control group ($P > 0.05$).

Interestingly, comparison of clinical symptoms and *MDR1* C3435T polymorphism among patients with BD showed substantial association between special features and the frequency of different genotypes in patients.

Based on these results, the clinical features – skin lesion, pseudofolliculitis, erythema nodosum, and positive pathergy test – showed a significant association with the CC genotype, and it seems that the CC genotype could be a risk factor in developing these clinical features in patients with BD.

Consistent with these results, some other studies have shown that the CC genotype acts as a risk factor for some diseases in different populations such as ulcerative colitis in a German³⁷ and Polish population,³⁸ Crohn's disease in a Spanish³⁹ and Polish population,³⁸ and acute lymphoblastic leukemia in a Polish population.⁴⁰

A previous study has shown there is an association between the C-allele and high expression of P-gp.³⁸ The MDR1 3435 TT homozygosity is associated with low P-gp expression in the duodenum and high plasma concentrations of digoxin¹³ and low P-gp expression in CD56 natural killer cells.⁴¹ Therefore, this high-level expression of MDR1 3435 CC homozygosity could explain our results; however, the mechanism that MDR1 C3435T polymorphism may affect the outcome of clinical features in patients with BD remains to be elucidated.

In conclusion, our results show a significant association between clinical symptoms and MDR1 C3435T polymorphism among patients with BD from the Iranian Azeri Turk ethnic group. To confirm the observed association, we suggest further study of this polymorphism among patients with BD in other ethnic groups.

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